

the Crescents Image where it responded in equal balance with the right foot. The Crescents Image was later on used while walking in the course of everyday normal activity, and it lessened the fatigue and burning sensation in the right knee. This positive change took place because the right foot was no longer carrying most of the body weight. Nancy also reported that there was an added element of a conscious "copout in the past in that I would allow the foot to limp because it would give me some relief and I did not have to work so hard when I walked. By letting it go instead of dealing with it, I thought it would relieve some of the pressure on me emotionally and physically. It was only an excuse." The reader can easily see how the emotions can also get tangled in the symptom when loss of confidence also occurs and one wants to give up.

The above descriptions show that release of potentials through a precise image, and the ensuing confidence from demonstration of what the body can do as a result of image experience, are useful in achieving the desired building of muscles in the calves and also the rest of the body. In establishing these basic clarities, patterns of emotions prove to be as important as the muscle patterns themselves, and the eidetic technique recognizes this. The technique requires that we establish and note down all these baselines and measure the progress of all these in each new session. Many new baselines are established and developed as the treatment continues to build natural strengths. In the eidetic approach, demonstration along the baselines and the ensuing confidence remain the presiding features of this model. In the case of Nancy, confidence had not only been thwarted because of the onset of MS, but even before the MS, as she was growing up, the pervading confusion as to what was what and the lack of clarity and confidence in those