

underneath the overlay of the symptom is revealed organically. This process is clearly documented in Nancy's book, which describes her own journey of eidetic images in healing multiple sclerosis. As she herself portrays the methodology, we can see that therapy was conducted in carefully measured steps that revealed her original capacities in which she herself was also actively participating and deeply involved. It is the person's own psyche that moves the limbs and not another individual who externally moves around or massages the body muscles, because the true knowledge of movement and healing is only procurable when the person deeply initiates the activity from within. MS is a disease in which, as the medical view holds, the insulation or myelin surrounding the nerve fibers of the central nervous system is damaged, and inactivation of muscles is the direct result. The central point of the Eidetic approach to MS is that the nerves should be treated not in a forced way from outside but through the eidetic initiation of body activity from inside in the general areas where the problem presents itself. If we are able to show how to activate those areas, the rest will take care of itself and follow the natural course. The classical paradigm holds that nerves can be treated by massage, medicine, or exercise. Although it is known that exercise activates muscle and nerve patterns, especially through controlled breathing along with prescribed physical exertion, eidetic theory differs from this generally accepted model on the basis that the notion of exercise used in it is problematic. The exercise is bound to be conducted in a manner in which old habits reappear in the mode prescribed by the steps. Exercising with old habits still intact remains a problem with the medical paradigm in that the mind is unable to cross the difficult barrier of pernicious negative fixity. The main problem