

mental experiences and the well-meaning fixers who only continue covering up the original composition. The art of restoration is, indeed, a fine art in both psychology and painting; it is a delicate process to be handled with care, intelligence, openness and skill. In the art world the professionals use particular instruments, special chemicals, a knowledge of scientific processes connected to certain kinds of paint, and principles and standards for treatment, all of which are involved in revealing the original nature of the work of art. One expects that it would be the same in psychology. If it is not, it should be.

In psychology, images found in the person do the same thing for the mind and body—restoration. Just as the organic ingredients of soap and water uncovered Michelangelo's essence, so do the natural biochemicals found in the image and particularly in those special images which are known as Eidetics do the same for the person. These special images reinstate the true nature of the individual by uncovering the person's relationship with internal experiential events that are found riddled with difficulties, confusion and pollution. Only when these problematic states are observed eidetically can they be seen and understood clearly, and, when this has taken place, the true intended shapes and colors emerge. Eidetics is the special study of pictures in the mind, and art is a medium of expression of the same pictures through paints and music. They both strive to break fixations and obstructions by attempting to allow Nature to move from mental inertia, dullness, and impassivity to Newness.

Nancy A. Bent has described in her book *Beyond MS: It's All in the Image* my method of treating multiple sclerosis, but she has brought to it her own intimate and personal experience of deeply looking at mental images like one