13. *Child with the Puff of Wind*. To attain freedom and a deeper union with the mother, do this image (pages 108-109).

14. *Age Projection Test.* To enhance the work you have already done, you may like to try the Age Projection Test (pages 218, 219-225) to uncover specific events connected with your symptoms. [Ahsen's *Psycheye* also gives instructions for developmental symptom connections with parents. Consult the Notes and Sources chapter for bibliography.]

15. *Eidetic Parents Test.* To round out the whole process, take the Eidetic Parents Test (pages 186-191). You have already done the image of the house from the test. [Ahsen's *Eidetic Parents Test and Analysis* will help you in your analysis of the test. Consult the Notes and Sources chapter for bibliography.]

16. *Emanations*. If you got stuck anywhere on this tour, try some emanation images (pages 204-207).

17. *Threshold Image.* Proper breathing is an important part of the imagery exercises. You can see by now that doing images has been a nourishing experience and that the air is beginning to clear for you. As you do the Threshold Image (page 229), breathe freely.

18. Air in the Blue Sky. Enjoy this image! (page 231).

19. *Bouncies Image*. This image (pages 232-233) takes us further. It will continue to energize and strengthen your body.

20. *Meditation Exercises*. These contain images of fire, wind, water and earth (pages 263-273).

Other images you may like to experience at important junctures are also given in the book. I would like to point out some of those images here: *Toys, Vacation, Swan, Mountain, Nature; India: The Dance of the Pendulums; The Visionary Start, Walking Along on a Path, The Dark Interlude, The Void, The Disclaimer* (see also the Index under Images).

Now the tour is finished. You're on your own.