

exacerbations, blurred vision, numbness, muscle weakness, spasticity, and that wonderful fatigue that went with it all, I sought Eidetic Therapy because I was fearful of living any further in a state of ambivalence where I did not know whether to move my body or to rest it. Through a friend, I found Dr. Ahsen and his eidetic method of treatment which uses images that targeted all aspects of my MS symptoms. In addition, the images were responsible for integrating my mind, body and soul. That was a tremendous side benefit! The bottom line is that I have since conquered the effects of the illness.

I no longer worry about having to make major adjustments in my life, and I do not have to give up any dreams. Like Selene, Queen of the Starlit Heavens, I, too, can carry the moon across the sky in a white chariot driven by winged horses or bulls! I am not in a wheelchair, I take no medication, and I do not have to concern myself with choosing a wooden or an aluminum cane with which to walk. Instead, I have renewed strength and stamina and the only fatigue I feel now is the exhilarating kind you experience from living a full life that is not measured by the MS ruler.

The structures in the eidetic methodology, as developed by Dr. Akhter Ahsen, enabled me to resolve those early psychosomatic experiences, instigated during my childhood, that were related to the MS symptoms; and in the process of breaking up some of these cement blocks in my mind, I was awarded the bonus of an immediate increase in physical stamina. As a result of this rediscovered and renewed body strength, I was able to go on with a physical exercise regimen, using more of the eidetics, that has improved and reinstated my motor functions and muscle stability and added to my life the quality that I always hoped for.